

**ACTING
WORKSHOP!**

COMBINE CRAFT WITH THE HEART

ACTING FROM THE BARE ESSENTIAL: YOU!

Acting Workshops with **NANCY GABOR**
and **PAUL BINNERTS**

International MASTER TEACHERS



THE CORE TECHNIQUE

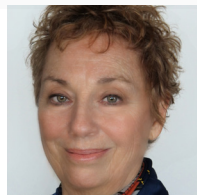
New York based **Nancy Gabor** explores being present through mindfulness and Open Theatre techniques.

- Physical and vocal exercises focus on grounding, breathing and eye contact.
- Playful improvisation frees the actor to get out of the head, and to connect the body, voice and emotions.

REAL TIME ACTING: FROM STORY TO THEATER

Paul Binnerts, of Amsterdam, encourages students to tell their own stories, find a form and a structure, and share them with the audience.

- Exercises on seeing, sharing, relaxation and active rest.
- Individual work is based on a story from each participant's biography. No prep is required.



NANCY GABOR: acting teacher at Warren Robertson, Princeton University, Amsterdam Theater School; director of over 75 productions, co-director with Joseph Chaikin. www.gaborworks.com



PAUL BINNERTS: Dutch theater director, writer, and acting teacher in Holland, Germany, Japan and the U.S. (at N.Y.U.). Expert on Bertolt Brecht, author of *Acting in Real Time* (University of Michigan Press, 2012). www.paulbinnerts.com

LOCATIONS, DATES, CONTACTS

- **NEW YORK**
March 13-15 (Fri 7-10pm, Sat+Sun 10am-5pm)
La MaMa, 47 Great Jones St, NYC 10012
Contact: Greg Taubman, actinginrealtime@gmail.com
- **LOS ANGELES**
April 10-12 (Fri 7-10pm, Sat+Sun 10am-5pm)
Contact: Allyson Adams, allysonadams@mac.com
or (818) 825-9750
- **PORTLAND, OR**
April 17-19 (Fri 7-10pm, Sat+Sun 10am-5pm)
Contact: Wendy Allegaert, wendygingin@gmail.com
or (646) 696-0288